

SHOPCAR GROCERY CHECKLIST (012-3611328 MR LOW)

Name:

Condo name & Unit No:

Contact Number:

Please Whatsapp to 012-3611 328 (Shopcar Mr. Low) to list down your order:

Vegetable(野菜)	Quantity		Quantity
Arrow root(アロールート)		Iceberg Lettuce (レタス)	
Asparagus (アスパラガス)		Japanese cucumber (きゅうり)	
Angle gourd (ひょうたん)		Kai Lan (カイラン)	
Baby Bok Choy (ベビーボックチョイ)		Kangkung (カンクン)	
Baby Corn (ベビーコーン)		Sweet Potato Leaf (サツマイモの葉)	
Basil leaves (バジル)		Lady Finger(オクラ)	
Bean sprout (もやし)		Leek (白ねぎ)	
Beet root (ビートルート)		Lime(ライム)	
Bitter Gourd (S) (小さいゴーヤ)		Local Bayam (アマランスー)	
Bitter Gourd (B) (大きいゴーヤ)		Long bean (ロングビーン)	
Bok Choy (ボーチョイ)		Lotus Root (レンコン)	
Bottlegourd (ヒョウタン)		Mint leaf (ミント)	
Brinjal (なす) Large		Shitake mushroom (black) (しいたけ)	
Brinjal (なす) Small (japanese nasu)		Onion Holland (玉ねぎ オランダ産)	
Broccoli (ブロッコリー)		Onion Red (紫玉ねぎ) (Big)	
Button Mushroom (ボタンキノコ)		Potato Australia (ジャガイモ、オーストラリア産)	
Cabbage Chinese (白菜)		Potato Holland (ジャガイモ オランダ産)	
Cabbage Round (キャベツ)		Potato Russet (メークイン種)	
Cameron Cabbage (キャメロンキャベツ)		Pumpkin (japanese) (かぼちゃ)	
Capsicum Green (パプリカ緑)		Roman lettuce (ロメイン・レタス)	
Capsicum Red (パプリカ赤)		Shallot (エシャロット)	
Capsicum Yellow (パプリカ黄)		Shimeji mushroom (しめじ)	
Carrot (人参)		Snow Pea (絹さやえんどう)	
Cauliflower (カリフラワー)		Spinach (ほうれん草)	
Celery (セロリ)		Spring Onion (ネギ)	
Celtuce (ステムレタス)		Sweet Corn (white)(トウモロコシ) (白)	
Chilli padi Green (チリパディ 緑)		Sweet Corn (yellow)	
Chilli padi Red (チリパディ 赤)		Sweet potato (サツマイモ)	
Chives (kucai) (にら)		Tomato (Cherry Tomato)(プチトマト)	
Short Choy Sum (チョイスサム)		Tomato (M'sia)	
Long Choy Sum (小松菜)(komatsuna)		Tomato Momotaro (トマト)	
Coriander (パクチー)		Lemon Grass (Serai) (レモングラス)	
Cucumber (local)(きゅうり) Big		Qing long Cai (青龙菜)	
Curry Leaves (カレーリーフ)		White Radish (大根)	
Enoki mushroom (えのき茸)		Winter melon (冬瓜)	
Eringi mushroom (エリンギ)		Perilla leaf (しそ)	
Baby French Bean (small)		Chinese Yam (ながいも)	
French Bean (さやいんげん)		Yam (satoimo) small	
Garlic Chive Buds (にんにくの芽)		Yaumak (long)香麦	
Garlic (ニンニク)		Zucchini(ズッキーニ)	
Ginger (ショウガ)		Burdock Root (ごぼう)	

Sayur Raja (モロヘイヤ)	
Baby long cabbage (ベビーディッシュ) 娃娃菜	
Syungiku (シュンギク) 春菊	
Naipak (奶白) (ナイパック)	
Old Cucumber(古いきゅうり)	
Meror (メラー)	
Sayote (ハヤトウリ)	

Others	
Atsuage tofu (あつあげとふ)	
Bamboo Shoots(煮タケノコ)	
Bread crumbs(Jap Panko)	
Deep fried Bean Curd(油揚げ)	
Dried fish (ikan bilis)(イカンビリス)	
Dried Shrimp (乾燥エビ)	
Egg Tofu (卵豆腐)	
Fish Ball(フィッシュボール)	
Fish Cake (フィッシュケーキ)	
Konnyaku Ita (Black)	
Konnyaku Shirataki (しらたき)	
Kuey teow (local)	
Miso paste (味噌)	
Natto (納豆)	
Nisshin Salad Oil (Japanese oil)	
Organic White Tofu(豆腐、オーガニック)	
Udon (Japanese Udon)(うどん)	
White Tofu (白い豆腐)	
Yakisoba (焼きそば)	
Yellow noodle (local)	
Jap Vermont Curry (BLUE)	
Jap Vermont Curry (GREEN)	
Jap Vermont Curry (RED)	
Kiriboshi Daikon (Dried Radish)	
Red bean (赤小豆)	
Green bean(緑小豆)	
Japanese Dumpling Skin(餃子の皮)	
Bread	
Melon bread (メロンパン)	
Red bean bun (pack of 4)(アンパン)	
White bread (loaf) (食パン)	
Wholemeal bread (loaf)(全粒粉食パン)	
Eggs (卵)	
1box=10pcs 1tray=30pcs	
Normal eggs 1box RM6.50	
Normal eggs 1tray RM19.50	
Kampung White eggs 1box RM7.90	
Kampung White eggs1tray RM23.70	
Salted Eggs (ソルテッドエッグ)(3pcs per pack)	
Century Eggs (世紀の卵)	

Fruits(フルーツ)	
Apple green (青りんご)	
Apple Fuji (りんご FUJI MED)	
Apple Fuji (りんご FUJI) Large	
Apple New Zealand	
Avocado (2pcs per pack) (アボカド)	
Banana (バナナ)	
Blueberry (per pack) (ブルーベリー)	
Calamansi (カラマンシ)	
Dinosaur Eggs (USA Sweet Plum)	
Equador Dragonfruit (yellow)	
Envy Apple (USA)	
Gold Kiwi (キウイフルーツゴールド)	
Grape fruit (グレープフルーツ)	
Green Kiwi (グリーンキウイ)	
Golden Pear (二十世紀梨) 3pcs RM10.00	
Honey Red Apple	
Honeydew (white) (M'sia Melon)	
Lemon (レモン)	
Strawberry	
Mango (Thailand) Golden Lily	
Mango (Malaysia)	
Orange Navel (オレンジ、ナベル)	
Orange Valencia (オレンジ、バレンシア)	
Pamelo (IPOH) (ボメロ)	
Papaya (パパイヤ)	
Pear korean (なし 韓国産) Large	
Pear Korean (なし 韓国産) Med	
Pineapple(パイナップル)	
Plum (per pack) (プラム)	
Persimmon (柿子) 3pcs RM10.00	
Red dragon fruit (ドラゴンフルーツ)	
Seedless Grapes Black	
Seedless Grapes(ブドウ) Green	
Seedless Grapes(ブドウ) Red	
Seedless Mandarin Oranges(small) (みかん)	
Spain Persimmon (BIG)	
Sweet Melon (yellow) (スイートメロン)	
Watermelon(スイカ)	

Seafood (海鮮)	
Horse mackerel (Selar)(あじ) (AJI)	
Mackerel (Saba)(サバ)	
Peeled Prawn (small) (むきエビ)	
Prawn (Large)(エビ)大	
Prawn (Medium)(エビ)中	
Red Snapper (鯛) Fillet	
Salmon Fish Head (フィッシュヘッド)	
Salmon (サーモン)	
Saury fish (sanma)(さんま) 1pc RM4.00	
Siakap Fish (suzuki) (石甲魚) Fillet	
Siakap Fish Head	
Squid (いか)	
Tenggiri Fish (さわら魚)	
Shisamo (ししゃも)	
Shirasu Boshi (シラス魚)	
Aji Himono (1pack 2 pieces)	
Age Ball	
IKA MAKI	
GOBO MAKI	
Chikuwa (Japan)(5pcs)	
Poultry(肉類)	
Chicken (チキン)	
Whole Kampung Chicken (チキン)	
BonelessThigh(もも肉)	
Breast (むね肉)	
Minced (ミンチ)	
Fillet(ささみ)	
Big Drumstick (2 pcs per pack)(ドラムスティック骨なし)	
Small drumstick(ドラムティック) (5 pieces per pack)	
Chicken Wings (5 pcs per pack)(鶏手羽)	
Pork(豚)	
Belly (ポークベリー)	
Minced (ミンチ)	
Ribs(リブ)	
Fillet (豚ヒレ)	
Shoulder (肩)	
Pork Ball (ポークボール)	
Pork Chop (ポークチョップ)	
Pork Slice (豚しゃぶ)	

Remarks: The listed items are usual items that is sold. However, some items are due to availability.
 ** Specially thanks to Ms Ayumi from Taman Desa for the translation.

SCHEDULE:

MONT KIARA AREA- DELIVERY on **DAILY BASIS**.

ODB GARDEN-TAMAN DESA- DELIVERY on **EVERY THURSDAY**, will increase the frequency on demands in the future.

SUBANG SAUJANA AREA including Saujana Villas, Amaya Saujana Saujana Resort and all other nearby Saujana Residence- DELIVERY on **EVERY THURSDAY**.

All other area will be delivered depends on demands.